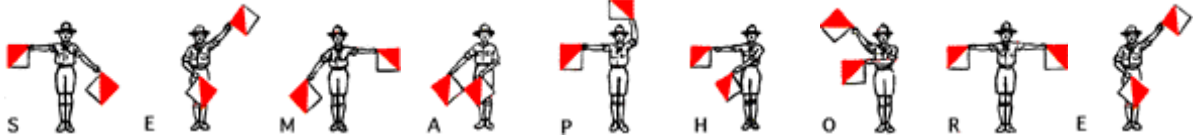




SIGNAL PEAK TOASTMASTERS



Volume 1 Issue 1

Club #9751 Monthly Newsletter

March 2005

Editor Al Gramando CTM/CL

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2003-2004

PRESIDENT'S DISTINGUISHED CLUB

2005 has started out to be a great year for our club. It appears that we will have no trouble becoming a President's Distinguished Club again this year. We are well on our way to meeting our club goals which means we are all meeting our personal goals as well.

We have two new CTM's, Heidi Lowe and Dr. Kathryn Hollenback. Heidi has served 3 terms as our Secretary and Kathryn is our Treasurer. Heidi works for the Central Arizona College and Kathryn is the head of Central Arizona Valley Institute of Technology (CAVIT). Both are Charter Members.

CONGRATULATIONS!!!!



Heidi Lowe



Dr. Kathryn Hollenback

Moving along we have two new Competent Leaders (CL), Donna Craven CTM and Manuel Salas ATM-B. Donna has served 3 terms as our Vice President of Membership and Manuel served two terms as Sgt @ Arms. Donna works for a plastics company and Manuel works for the Pinal Hispanic Council. Both are Charter Members. **CONGRATULATIONS!!!!**



Donna Craven CTM



Manuel Salas ATM-B

We still need two more CTM's and two ATM's. The following club members are on track to make that happen. For CTM we have Veronica Joaquin, Neomi Costales and Nancy Chavez. For ATM we have Al Gramando CTM and Manuel Salas ATM-B.

WE NEED NEW MEMBERS !

One of our goals is to acquire eight new members each year, we still need 5. Our newest member is Nephi Riordan . When Nephi came as a guest he jumped right in and assumed the role of timer for the evening. The following week he joined. The next week he gave his Ice Breaker speech. A big **WELCOME AND CONGRATULATIONS!!!!** For those of you who don't know Nephi is a chiropractor and has his practice in Casa Grande, so if you are hurting give him a call and he'll straighten you right out.

So let's get out there and bring in some new members. You never know who will become your new friend. Remember, Toastmasters gives you a great opportunity to meet new people and to network.

International Speech Contest and Evaluation Contest

March 26, 2005 is the date of the G2 Area Speech Contest. Al Gramando CTM/CL is assisting Jason Ayers the G2 Area Governor is setting up the functionaries for the contest. If you are able to participate let Al know. Positions that need to be filled:

- 3 Ballot Counters
- 2 Timers
- 2 Sgt @ Arms
- 1 Toastmaster
- 1 Model speech presenter

Contact Al at (520) 466-0620 or email: alg@signalpeaktm.org

Contest location: Chandler Community Center

Time: 7:45 AM

Date: Saturday March 26, 2005

Directions are on the website www.signalpeaktm.org/Special_Notices.htm

Signal Peak Toastmaster Executive Committee 2004 – 2005

President.....Kristin Gramando CTM.....(520) 466-0620
VP Education.....Dolores Underwood CTM.....(520) 836-3823
VP Membership.....Donna Craven CTM/CL.....(520) 466-8980
VP Public Relations....Dave Storie CTM.....(520) 836-6647
Secretary.....Heidi Lowe CTM.....(520) 876-4466
Treasurer.....Kathryn Hollenback CTM.....(520) 421-0551
Sgt-at-Arms.....Al Gramando CTM/CL.....(520) 466-0620

Best Speaker 2004



Dave Storie CTM

Best Evaluator 2004



Kristin Gramando CTM

Best Table Topics 2004



Kristin Gramando CTM

Your picture and name could be here next year. Improve your public speaking skills and have a lot of fun in the process. And you all know we do have a lot of fun and great laughs. Visit our website at www.signalpeaktm.org and click on Photo Gallery 05 to see all those who have been the weekly Best in Table Topics, Best Speech, Best Evaluator. The photo gallery also honors those who have received CTM, ATM, CL and AL awards.

Best Speeches



Nancy Chavez
January



Veronica Joaquin
February



Neomi Costales
February

Best Table Topics



Donna Craven CTM
January



Becky Sutton (Guest)
January



Dave Storie CTM
January



Don Adamavich CTM (T)
January



Nephi Riordan (T)
January



Nancy Chavez
February



Kathryn Hollenback CTM
February



Kristin Gramando CTM
February

Best Evaluator



**Neomi Costales
January**



**Dave Storie
February**



**Dave Storie
February**

WORD OF THE MONTH pandemonium

pan-de-mo-ni-um (n)

Wild disorder or noise

THOUGHT OF THE MONTH

"Fear less, hope more; eat less, chew more; whine less, breathe more; talk less, say more; hate less, love more; and all good things are yours." - Swedish proverb

Signal Peak Toastmasters Club #9751 Website: www.signalpeaktm.org

District 3 Toastmasters Website: www.aztoastmasters.org

Toastmasters International Website: www.toastmasters.org

Signal Peak Toastmasters meet every Thursday evening at 6:30 pm at the Casa Grande Boys and Girls Club. Located at 798 N. Picacho Ave in Casa Grande. For Information call 520-466-0620.

This publication is the property of the Signal Peak Toastmaster Club. If you wish to contribute to this newsletter contact Al Gramando at (520) 466-0620 Email: alg@signalpeaktm.org.

The webmaster for the Signal Peak Toastmasters website is Al Gramando, (520) 466-0620
alg@signalpeaktm.org

Remember, visit our website often. The website is update at least twice a week.